



LEPTOSPIROSIS (WEIL'S DISEASE)

**Instructions to persons involved
in fieldwork with the potential
for contact with water or
locations frequented by rats.**

THIS CARD IS FOR YOUR PROTECTION

Whenever you go to your doctor
or to a Hospital on account of illness
show this card and make sure that
those attending you know of your
fieldwork activity.

INSTRUCTIONS TO CARD HOLDERS

1. As infection may enter through breaks in the skin ensure that any cut, scratch or abrasion is thoroughly cleansed and covered with a waterproof plaster.
2. Avoid rubbing your eyes, nose and mouth during work.
3. Clean protective clothing, footwear and equipment etc after use.
4. After work and particularly before taking food or drink wash hands thoroughly.
5. Report all accidents and/or injuries however slight.
6. Keep this card with you at all times.

MEDICAL INFORMATION

The holder of this card is engaged on fieldwork which may bring them into contact with water or materials which may be contaminated with *Leptospira*.

None of the symptoms of early Leptospirosis or Weil's Disease are pathognomonic and diagnosis is based on laboratory investigations. Should you suspect the holder may have been infected please arrange for the appropriate tests. The infection may resemble influenza in the early stages.